

Belief System

Belief is the power of faith and “Faith is the pillar of strength that allows men to achieve the impossible, reach the unattainable and solve the unfathomable.” (Skip Ross)

The distinction between a fact and our attitude towards that fact is our belief system. It is the single most important influence that we have and our beliefs are so remarkably powerful that they control the direction and destiny of our lives. In fact, there is no other more powerful directing force in human behaviour than belief. It is the most powerful state of mind because our belief system defines and shapes who we are and determines our potential.

A belief system is a set of thoughts, rules, attitudes, expectations and behaviours that are embedded in our mind. Our beliefs determine and guide our thoughts, our actions, our goals and even our relationships with other people.